



Commander's Message

Memorial Day Ceremony

All veterans, their families and friends are invited to join VFW Post 4719/American Legion Post 797 Honor Guard honoring our fallen veterans this Memorial Day. For more information contact Commander Bill Pederson 614-506-5793.

Thank you to Dale, Crisco and June for helping clean up the area around the Veterans Memorial Park on May 6. Gahanna Park and Recreation does a good job keeping the memorial looking good.

Military Spouse Appreciation Day May 12

Military Spouse Day or Military Spouse Appreciation Day is celebrated on the Friday before Mother's Day in the United States. Many United States citizens take this day to acknowledge the significant contributions, support, and sacrifices of spouses of their Armed Forces.

Mother's Day May 14

Armed Forces Day May 20

Armed Forces Day, which is officially on 15 May but celebrated on the third Saturday in May, honors service members across the six branches of the military within the US Department of Defense: the US Army, US Navy, US Marine Corps, US Air Force, the US Coast Guard and the newest branch of service the US Space Force.

National Poppy Day May 26

The red poppy is a nationally recognized symbol of sacrifice worn by Americans since World War I to honor those who served and died for our country in all wars. It reminds Americans of the sacrifices made by our veterans while protecting our freedoms. On Sept. 27, 1920, the poppy became the official flower of the American Legion Family to memorialize the soldiers who fought and died during the war. In 1924, the distribution of poppies became a national program of The American Legion.

Ride for Veterans, July 8

Registration is now open for "Ride for Veterans" event sponsored by AMVETS Riders Chapter 5. Donations from the ride will go to three local charities; MASH Pantry, Volunteers of American and IISTOOMANY. For more information contact Lisa Keeran lisa.leeran11@gmail.com or call 614-562-2507.

Meeting Times

VFW 4719
3rd Tuesday @ 7P

VFW Auxiliary
1st Thursday @ 6:30P

American Legion 797
3rd Thursday @ 7P

American Legion Auxiliary
4th Tuesday @ 6:30P

Marine Corps League
3rd Wednesday @ 7P

40&8
1st Tuesday @ 7P

AMVETS 5
1st Wednesday @ 6P

Post Canteen Hours

Sunday ~ 9A-8P+
Monday ~ 4P-10P+
Tuesday ~ 12P-10P+
Wednesday ~ 12P-10P+
Thursday ~ 12P-10P+
Friday ~ 12P-10P+
Saturday ~ 12P-10P+

Canteen Manager
Dutch Grootendorst

Post Officers

Bill Pederson, CMDR
Denise Roberts, Sr. Vice
Mike Zanella, Jr. Vice
Richard Leister, Adjutant
Bill Scharff, Quartermaster
Joel Miller, Chaplain
Chuck Rees, Trustee
Steve Ebersole, Trustee
Steve Pearson, Trustee

Are you a Veteran?

Questions or concerns about Gulf War Exposures?

Get the information and answers you need:



Gulf War Exposures & Health Concerns A Class for Veterans

Veterans attend the class VIRTUALLY through WebEx (an easy to access meeting platform) via a personal computer, smart phone or tablet.

DATE:

Thursday, May 18, 2023

TIME:

1:30pm-3:00pm EST
12:30pm-2:00pm CST
11:30am-1:00pm MST
10:30am-12:00pm PST

PRESENTERS:

Omowunmi Osinubi, MD, M.Sc., MBA, FRCA, ABIHM, IFM-CP
Frederic Lu, MD, MPH

LEARN ABOUT:

- Potential Exposures
- Research Findings
- Health Effects
- Available Resources
- Steps to Manage Symptoms

REGISTRATION:

<https://veteransaffairs.webex.com/weblink/register/r926c6f835ec1080631fdcc31f6c83374>

Veterans must register for the class through the above link. Logging into the class will begin 15 minutes before start time. Email NJWRIISCEDTEAM@va.gov with subject header "Gulf War Class" if you are having difficulty with registration.

The class will include information about combat deployment that may be disturbing to some Veterans. If you are aware that you may be negatively affected by this content, please discuss these concerns with your medical and/or mental health care provider. If you are experiencing mental health issues, please do not hesitate to contact the Veterans Crisis Line: Call: Dial 988 then press 1; Chat: veteranscrisisline.net; Text: 838255. If a medical emergency occurs, call 911 or go to your nearest emergency room.

MONTHLY POST HAPPENINGS



*Drawing every Thursday
at 8:00pm*

Must be a VFW, American Legion,
Amvets, Auxiliary, or Social Member to play.



*Movie Time
Ticket to Paradise
Sunday, May 21st, 2pm*

SUNDAY BREAKFAST 9:00A - 11:00A

Choose from:
Eggs to order, Pancakes, French toast, Waffles,
Bacon, Sausage, Home Fries, Toast \$8

EVERYDAY

Cheeseburgers, Chicken Potpie, Hotdogs,
White Castle Sliders and More!
Subject to Change ~See bartender for availability



*Friday Dinner and/or
Sunday Breakfast*

It takes several volunteers to help meals run smoothly.
Friday dinners and Sunday breakfasts need people to
serve the meals, distribute desserts, and clear tables,
and wash dishes.

Volunteers must be at least 15 years of age or older.

*If you are interested in volunteering contact:
Tom May at the post or via email*

thomas.may728@yahoo.com

FRIDAY DINNERS 5:30P - 7:30P

1st Friday ~ Steak Night
Baked potato, salad, roll, and dessert ~\$17
(Chopped steak option ~\$10)

2nd Friday ~ Jo Ann's Famous Meatloaf.
Mashed potatoes, green beans, and dessert ~\$9

3rd Friday ~ Bev's Open-Faced Roast Beef
Mashed potatoes, gravy, vegetable of the Day~\$9

4th Friday ~ AMVETS Riders ~ \$8
Call 614-475-9111 for menu

VETERANS RESOURCE

FAIR

SATURDAY MAY 20, 2023

10 AM - 2 PM

VFW POST 4719

75 W. JOHNSTOWN RD, GAHANNA, OH 43230

REGISTER TODAY!



This event provides Veterans with an opportunity to connect with community and industry partners in Real Estate. Whether you are a first-time home buyer or have been considering a home upgrade, you won't want to miss this great opportunity to get your questions answered in one stop.



If you have questions, contact:
Letitia Walker 614.530.0205
Tina Watkins 614.309.4452



Attention Veterans - Families/ Friends of Veterans

Honor Flight Columbus presents:

Honor Flight at Home. In Ohio. In Marion!

Honor Flight Columbus is excited to announce our 4th Honor Flight at Home in Marion to supplement our long standing mission of honoring our senior veterans by providing them with a no-cost trip to Washington, D.C. to visit their memorials. Our Honor Flight at Home program is designed to recognize and honor, in Marion, any veteran that served active duty from 1941 to 1975, who has not previously gone on an Honor flight and *cannot* travel to Washington.



This free program will be held: Saturday, June 10, 2023
Tri Rivers Vocational School
Rt. 95, east of Marion. Across from Meijers

Check in starts at 1:00pm
Program is scheduled to run from 2:00pm to 3:00pm

Deadline for submitting applications is May 20, 2023.

Send applications to: Honor Flight at Home
Veteran application
Attn: Margid Saull, Event Coordinator
2406 Owens Road West
Prospect, OH 43342-9783

Questions: Call Margie at 740-360-8902 or email: saulgw4@yahoo.com

For family and friends, if you would like to donate towards the cost of this program (souvenirs for the honored veterans), please make check payable to Honor Flight Columbus and write "Marion Honor Flight at Home" on the memo line and mail to Margie. Thank you!



NO ONE DOES MORE FOR VETERANS.

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 40&8 7pm	3 Amvets 6pm Amvets Riders 7pm	4 VFW Auxiliary 6:30 pm Queen of Hearts	5 Steak Fry 5:30- 7:30pm	6
7 Breakfast 9-11am	8	9 Canteen Committee Mtg 6:30pm	10	11 Queen of Hearts	12 Meatloaf Dinner 5:30- 7:30pm	13
14 Breakfast 9-11am	15 Euchre Night 6:30pm	16 VFW Meeting 7:00pm	17 Marine Corps League 7:00pm	18 American Legion 797 7:00pm Queen of Hearts	19 Roast Beef Dinner 5:30- 7:30pm	20
21 Breakfast 9-11am Movie 2pm Ticket to	22	23 Am Legion Auxiliary 6:30pm	24	25 Queen of Hearts	26 Dinner AMVETS 5:30- 7:30pm	27
28 Breakfast 9-11am	29	30	31			

Printed copies of the Newsletter may be found on the bulletin board in the entryway



VFW Tri Community Post 4719
75 W. Johnstown Rd., Gahanna OH 43230
614-475-9111