



## VFW Post 4719 April 2019 News

### Canteen Hours

Sun: 9AM-Close  
Mon: Closed  
Tues: 4PM-Close  
Wed: 4PM-Close  
Thurs: 12n-Close  
Fri: 12n-Close  
Sat: 12n-Close

### Meeting Times

- VFW 4719: 3rd Tuesday @7PM
- VFW Auxiliary: 1st Thursday @ 6:30PM
- American Legion 797: 3rd Thursday @ 7PM
- Marine Corps League: 3rd Wednesday @ 7PM
- 40&8: 1st Tuesday @ 7PM

**QUEEN OF HEARTS: Drawing Thursdays @ 8PM!!**

***NEW: BAR BINGO ON TUESDAYS STARTING @ 7PM!!!***

### Weekly Meals (Fish option at Lent):

1st Friday: Steak, baked potato, salad, dessert, roll \$12 (chopped steak \$9)  
2nd Friday: Meatloaf, mashed potato, green beans, roll \$8  
3rd Friday: Fried shrimp basket or chicken tenders; fries, and cole slaw \$8  
4th Friday: **Open face roast beef sandwich, corn, mashed potatoes w/ gravy and desert \$8**  
5th Friday **FOOD TRUCKS** or **Spaghetti and meatballs and dessert for \$8.**  
**Everyday: Pizza \$8; Stromboli \$3; Hot links \$2.50; Mozzarella sticks 6 for \$2; Jumbo hot dogs and egg rolls \$2; Beer brats and taquitos (2) \$1.50; hot dogs & burritos, White Castle sliders \$1, Soup \$2.50/bowl.**

### POST COMMANDER'S MESSAGE

We will once again host MASH Pantry food pantry. It will be the **Second Tuesday** May through October, from 3:30PM-5:30PM. Volunteers are needed from 3:00PM-6:00PM. See the flyer.

Don't forget Post Movie Night on the second and fourth Wednesday, of the month starting at 7PM. Grab some popcorn and a drink or five and watch the movies with us!

Let us hope that we can increase the volunteerism to the Post and our events, increase Honor Guard Numbers and increase assistance we can give to those less fortunate. Please let us leave any ill-feelings to 2018 and start 2019 anew.

We have a new point of sale (cash register for older people) machine. With it, we can do drink tickets instead of chips. All holders of current drink chips: These need to be used by Memorial Day. They will no longer be honored after that. Going forward, if you buy someone a drink or are due a free drink (volunteers), the point of sale machine will actually issue a ticket for your drink. They are good for 30 days.

At the April VFW meeting, we will have the final round and elections of new officer nominations for the 2019/2020 year. We need folks to step up. Elected positions include: Commander, Sr. Vice Commander, Jr. Vice Commander, Quartermaster, and Chaplain. If interested, see me. Appointed positions (appointed by incoming Commander) are: Adjutant, Jude Advocate, Surgeon, and Service Officer.

The Lenten Season started March 6. Tentatively, we will have 3DX Food Truck come to do their famous fried fish. Also, March 29 is the fifth Friday of the month. We plan on having a spaghetti and meatballs and 3DX Food Truck.

### **WE ARE CLOSED EASTER SUNDAY; APRIL 21.**

If you have a business, or know someone who does, we will now be selling ad space in the newsletter. Please contact me at 614.746.0331 or at [vfwpost4719@gmail.com](mailto:vfwpost4719@gmail.com) for more information.

Additionally, our beloved Bev Davis is having shoulder surgery. Due to this, we may have some disruption in the kitchen. In April, the Fourth Friday meal will be spaghetti and meatballs.

**IN ORDER TO WIN THE  
QUEENS HEART, YOU HAVE  
TO PLAY THE QUEEN OF  
HEARTS.**

**QUEEN OF HEARTS  
DRAWING THIS THURSDAY  
(DRAWING AT 8:00PM)**



**MUST BE A VFW, AL, AUXILIARY OR  
GUEST MEMBER TO PLAY**

## **Bar Bingo Rules**

**Each game card has 5 playing cards on it**

**You can buy more than 1 game card**

**First person to have all cards called on  
the same game card wins**

**If more than 1 winner pot to be divided**

**At the end of each game cards to be  
turned back in so cards can be  
repurchased for another game**

**Game cards are the property of VFW  
Post 4719 and must be returned after  
each game and at the end of the night**

**BAR BINGO: \$2/CARD; PLAYED ON TUESDAYS AND**

**WHENEVER THE MOOD STRIKES.**

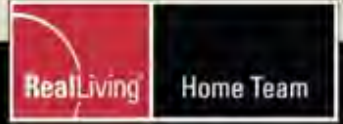
# Our marketing strategy is different from the others

If you really want to sell,  
we're a good fit.



**Nathan Shelton**

614-522-9380  
Nathan.RealLiving@gmail.com  
realliving.com/nathan-shelton



facebook.com/NathanSheltonRealEstate

Serving All Ohio and Lake Communities  
More MLS's. More Websites. More Enthusiasm

**MOVIE NIGHTS EVERY 2ND AND 4TH  
WEDNESDAY OF THE MONTH. COME GRAB  
SOME POPCORN AND A DRINK OR TWO**





# FREE PRODUCE MARKET



**VOLUNTEERS NEEDED!**  
**CONTACT POST COMMANDER:**  
**ERNE MASSIE**  
**614.746.8331**

**VFW Tri-Community Post 4719**  
**75 W JOHNSTOWN Rd**  
**GAHANNA, OH**



**FREE FRESH FOOD!** to Local Individuals and Families in Need  
**NO APPOINTMENT, PRE-REGISTRATION OR PAPERWORK**  
**REQUIRED**  
Individuals simply will be asked to sign in at the Produce Market and provide name, income and number of people in their family

**IN PARTNERSHIP WITH THE MID-OHIO FOOD BANK**

**MAY-OCTOBER: EVERY 2ND THURSDAY OF THE MONTH**  
**FROM 3:30PM-5:30PM**



# CVMA 12-1



## 12th Annual Fisher House Run

18 May 2019

Ride HQ's is the – Paul S. Lawrence VFW Post 9857

2890 Stelzer Rd, Columbus, Ohio 43219

Ride to the National Veterans Memorial & Museum

Registration 09:00 – 11:00 hrs & KSU 11:30 hrs

\$5.00 Pancake, sausage, orange juice, and coffee Breakfast

Charity Auction Starts and 15:00 hrs

Live Music

\$20 per rider / \$30 with passenger

T-shirts \$15 each, pre order and

Pre-register @ [ohiocvma.org](http://ohiocvma.org) by 28 April 19

Gun Raffle

1st Prize CZ Scorpion EVO3 – 2nd Prize Glock 43

3rd Prize Remington Home Defense – 4th Prize Bullet Ranch Membership

Proud Sponsors





# Veteran-to-Veteran Volunteer Program



*"Recruit, Utilize, Support"*

Many community hospice providers have implemented an innovative model for serving Veterans at the end of life - the Veteran-to-Veteran Volunteer Program. The Veteran-to-Veteran Volunteer Program aims to pair recruited Veteran Volunteers with hospice patients who have been identified as Veterans. Once paired with hospice patients who also have military experience, Veteran Volunteers have the unique ability to relate and connect with each patient thereby creating an environment where life review and healing may occur. Establishing a Veteran-to-Veteran Volunteer Program is also a criterion for hospices accomplishing *We Honor Veterans* Partner Level Three.

## *What is the importance of Veteran Volunteers?*

- Volunteers are essential to the delivery of quality hospice care.
- Veterans are a part of a distinct culture with their own common language and experience.
- When Veterans interact, their common language and experience can form a strong relational bond.
- The camaraderie created between Veterans has proven to be supportive for all involved.

## *Where can Veteran Volunteers be recruited?*

- Find out who are Veterans in your existing volunteer pool.
- Ask your staff if they know any Veterans who would be interested in volunteering.
- Contact Veteran Service Organizations, VA facilities and State Veterans Homes for potential volunteers.
- Use internet and print media to spread the word about recruitment.

## *How should Veteran Volunteers be trained?*

- Verify Veteran status by asking about their branch of service, rank, service dates and combat experience.
- Follow organizational policies for training non-Veteran hospice volunteers.
- With the assistance of professional staff screen for possible difficulties with PTSD.
- Accompany Veteran Volunteers on their initial visits with terminally ill Veterans and allow for debriefing.

## *What activities can Veteran Volunteers do?*

- Assist Veterans in reminiscing/telling life stories.
- Educate and assist patients in receiving Veteran benefits.
- Take part in pinning ceremonies or distribute certificates for Veterans Day and other recognition event.
- Assist in replacing lost medals.
- Provide transportation (based on organizational policy).

## *Supporting Veteran Volunteers*

- Conduct interdisciplinary team support meetings.
- Recognize and thank Veteran Volunteers in person, and through newsletters and email postings.
- Provide continuing education with Veteran-specific content to staff and volunteers.
- Continue to monitor Veteran Volunteers to assess negative reactions.

## *Resources*

- [We Honor Veterans volunteer webpage](#)
- [Hospice Veteran Volunteer Outreach and Support \[PPT\]](#)
- [Volunteers: An Essential Ingredient in Caring for Veterans at the EOL \[PPT\]](#)

For more information, visit [www.WeHonorVeterans.org](http://www.WeHonorVeterans.org) or contact [Veterans@nhpco.org](mailto:Veterans@nhpco.org).

GRIN is looking for the following items.  
Each month they have a list of items they  
are collecting for that month. See below



### GRIN 2019 Calendar of Drives

January –Cereal /Oatmeal & Cleaning Supplies

February –Spaghetti Sauce/Canned Tomatoes & Paper Towels

March – Pancakes & Syrup & Toilet Paper

April – Meal Soups/ Beef Stew & Laundry Supplies

May – Canned Meats (chicken, tuna, salmon)/Peanut Butter & Gallon or Quart Ziplocs

June – Canned Fruits/Applesauce & Personal Hygiene Items  
(shampoo, cream rinse, deodorant, toothpaste)

July – Socks/Underwear & School Supplies & Canned vegetables

August – Cereal/Oatmeal & School Supplies

September – Coats & Meal Soup

October – Thanksgiving Items (gravy, stuffing, yams, green beans,  
cranberries, canned pumpkin) & Gallon or Quart Ziplocs

November – Baking Supplies (flour, sugar, brown sugar, baking mixes)

December – Cake mix & Icing & Toilet Paper

Thank you to all who help GRIN all year by collecting things most needed!

**VFW Post #1719****April 2019***Dinners 5:30 – 7:30 PM*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canteen Closed	2 @ 6:30 Meeting @ 7PM @ 8:00 AM @ 8:00 AM	3 VFW/AL Officers Meeting @ 6:30	4 VFW Auxiliary Meeting - 6:30 PM @ 6:30 PM @ 6:30 PM	5 Steak Fry \$12.00 (Chopped Steak \$9) @ 5:30 PM Food Truck	6
7 @ 6:30 PM @ 6:30 PM	8 Canteen Closed	9 @ 6:30 AM @ 6:30 AM	10 Movie Night @ 6:30 PM	11 @ 6:30 PM @ 6:30 PM	12 MEATLOAF @ 6:30 PM @ 6:30 PM Food Truck	13
14 @ 6:30 PM @ 6:30 PM	15 Canteen Closed	16 VFW Post #1719 Meeting 7 PM @ 7:00 PM @ 7:00 PM	17 @ 6:30 PM @ 6:30 PM	18 American Legion Rec Hall - 7 PM Meeting @ 7:00 PM @ 7:00 PM	19 @ 6:30 PM @ 6:30 PM	20
21 @ 6:30 PM @ 6:30 PM	22 Canteen Closed	23 @ 6:30 AM @ 6:30 AM	24 @ 6:30 PM @ 6:30 PM	25 @ 6:30 PM @ 6:30 PM	26 Open House @ 6:30 PM @ 6:30 PM	27
28 @ 6:30 PM @ 6:30 PM	29 Canteen Closed	30 @ 6:30 AM @ 6:30 AM				

**NOTE:**

Don't forget Movie Nights on April 10 and April 24 at 6:30PM

There is a meeting w/ VFW and American Legion selected officers on April 3 at 6:30PM.

April 16's VFW meeting we will have final nominations and take the vote for our 2019-2020 Post officers!  
Ditto for the American Legion on April 18.

Easter Sunday is April 21. The Post will be closed